

Pathways Family Resource Center

27 Congress Street
Building 1 -Suite 1211
Salem, MA
frc@pw4c.org
www.frcsalem.org

Salem

978-296-8080

The Pathways Family Resource Center (FRC) in Salem helps parents and children access a complete range of resources.

FRC Staff help families find resources for:
Housing Support, Childcare, Utility Assistance, Food/Clothing, Diapers, Mental Health Referrals, Child Requiring Assistance (CRA).

The School Liaison helps families with issues including truancy, absenteeism, special education, and/or behavioral issues.

Teen Drop-In

Tuesdays/Thursdays
1-3 PM

Video Games Art Supplies
Snacks & Friends **Computers!**



Adult Craft Club

August 25 - Oct 27
(Fridays), 11 am - 1 pm
Support Group & Craft Club
Pre-registration required



Explore Yoga

Thursday, Aug. 24 - 3:30 - 4:30 PM

Gentle Yoga for Adults
with Amy
(No experience necessary)

Kids Yoga
with Michelle
(No experience necessary)



Parent Connection

Virtual Class until further notice

Tuesdays, 5:15-6:30 PM



Nurturing Parenting

Virtual 15-week Parenting Class

July 26 - November 1
(Wednesdays)
10 am - 12 pm

